

# Code of Conduct

# **STAARC Code of Conduct**

#### I. Introduction

This Code of Conduct outlines the expectations for behavior and responsibilities of all participants and stakeholders (including athletes, coaches, officials, parents, and spectators) associated with **St Austell Athletes Running Club**. Our aim is to foster an environment that promotes sportsmanship, integrity, and fairness where all individuals are treated with respect and dignity.

Every member of **St Austell Athletes Running Club** is expected to uphold these principles in all activities and events. Adherence to this Code is fundamental to our mission and critical to our success in creating a positive and supportive sports culture.

#### **II. General Conduct**

Participants in **St Austell Athletes Running Club** are expected to exhibit behaviors that reflect the highest standards of integrity and sportsmanship. This includes but is not limited to:

- Respecting the rights, dignity, and worth of all participants regardless of gender, abilities, cultural background, religion, or sexual orientation
- Acting fairly and honestly with teammates, opponents, officials, and administrators at all times
- Refraining from any behaviors that would constitute bullying, harassment, or discrimination
- Following the rules and spirit of the sport to promote fair play over winning at any cost

 Displaying control, respect, and professionalism in all communications and social media interactions

### **III. Responsibilities of Athletes**

Athletes are ambassadors of **St Austell Athletes Running Club** and are expected to behave in a manner that respects their teammates, coaches, officials, and the sport itself. Specifically, athletes should:

- Show commitment to their sport by attending practices and games regularly and on time
- Accept and respect the decisions of officials without dispute or argument
- Wear appropriate sports attire and use equipment as intended during all practices, games, and events
- Demonstrate sportsmanship

## IV. Responsibilities of Coaches

Coaches play a critical role in the development of athletes and the ethical tone of our sport. As such, coaches must:

- Provide a safe and healthy environment for all participants by planning and conducting activities that are appropriate for the age, maturity, and skill level of the athletes
- Teach athletes to strive for excellence in their sport, education, and personal lives

- Lead by example in demonstrating fair play and sportsmanship at all times
- Ensure that they are knowledgeable in the rules of the sport they coach and that they educate their athletes in these rules
- Maintain open lines of communication with athletes, parents, and other coaches to ensure the welfare of all participants

## **VI. Compliance and Enforcement**

Violation of this Code of Conduct may result in disciplinary action, including but not limited to suspension or expulsion from **St Austell Athletes Running Club** activities. The process for handling infractions includes:

- 1. Reporting: Any violations should be immediately reported to the appropriate officials
- 2. Review: All complaints will be reviewed in a timely and confidential manner.
- 3. Consequences: Actions may include verbal warnings, written warnings, suspension, or termination of membership depending on the severity of the breach.

Our collective commitment to maintaining a positive and ethical environment within **St Austell Athletes Running Club** is essential. This Code of Conduct serves as a guide to help ensure that every member of our community upholds the values that define us.